Annual Report

Everyone Has Something to Offer

5711 South Dixie Highway, South Miami, Florida 33143

2013-2014

“Everyone Has Something to Offer”
VISION

Fellowship House’s vision is to be the premier provider of comprehensive psycho-social rehabilitation services to individuals with severe and persistent psychiatric disabilities including individuals with co-occurring disorders.

MISSION

It is the mission of Fellowship House to assist adults with severe and persistent psychiatric disabilities and individuals that also have co-occurring substance abuse disorders, achieve the maximum level of community integration and self reliance. This is accomplished by providing a comprehensive continuum of programs and services offering supportive opportunities for vocational and social rehabilitation as well as residential options, psychiatric and case management services. Fellowship House is committed to helping the persons served, who are referred to as “members,” to better understand their illness, develop coping strategies, improve their quality of life and experience recovery.

BOARD OF DIRECTORS

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EXECUTIVE STAFF

Publio M. Santana, President and CEO
Rosemary Smith-Hoel, Executive VP and COO
Cristy Martinez, VP of Administration
Marta Sanchez, VP of Operations

Member Awards
Fellowship House continues to be recognized as the premier provider of Psycho-Social Rehabilitation services. The efforts of our staff, board members and supporters continue to keep us on a path of success. Here are some examples of our achievements:

- Fellowship House is happy to announce the upcoming expansion of Club Fellowship. We have leased a new property in the Hibiscus Plaza building, which is where our Palmetto Bay campus is housed. The new site will allow us to expand our burgeoning Clubhouse program, as it has a capacity for 100 members and will have full industrial kitchen. We are currently renovating the site and hope to move in by mid-2014.
- In preparation for our Club Fellowship expansion, we applied for a grant to the Health Foundation of South Florida for assistance with costs associated with the Clubhouse kitchen. We are thrilled to report that our wonderful partnership with the Health Foundation of South Florida will continue, as they have granted us $50,000 for kitchen renovation and equipment costs.
- Also in Club Fellowship news, we are extremely proud to relay that we now have the first accredited Clubhouse in South Florida! In the fall, Clubhouse International conducted an accreditation site visit at Club Fellowship and awarded us a Three Year conditional accreditation. Congratulations to the members and staff for this fantastic achievement.
- Community Housing has remained a priority for us the agency, as we have provided private, affordable housing options to our members for decades. Supported is an invaluable service to over 40 members who benefit from the continued support provided by our residential staff while being able to maintain independent apartments in the community. These private apartments are mostly leased, however, we had the good fortune of being able to purchase two duplexes in the Cutler Bay area. The duplexes have a total of 4 units and will house 16 members. They also afford us the opportunity to terminate some of our very costly leases in an apartment complex.
- Fellowship House is going electronic! In December 2013, we selected and signed a contract with an Electronic Health Records vendor. The software, Awards, developed by Foothold Technologies, Inc., will help propel us into the next phase of providing high quality treatment to our members while maintaining the most effective records possible.

I again thank the dedicated Fellowship House staff who constantly work towards providing the highest quality services possible. The upcoming year will be rife with new challenges, as we face Medicaid reform, implement our Electronic Health Record, and prepare for our CARF survey. I appreciate everyone’s efforts to continue to ensure we remain a premier Psycho-Social rehabilitation agency on our community.
Fellowship House is a private, not for profit rehabilitation agency that provides comprehensive mental health services to individuals that experience psychiatric disabilities as well as those with co-occurring disorders. The overall goal of the agency is to improve the quality of life for these individuals and assist them in achieving the maximum level of community integration and self-reliance. By providing a structured, community based program that concentrates on the development of social, vocational and personal skills, Fellowship House empowers clients to live successfully in the community and avoid reliance on restrictive institutional facilities.

A YEAR IN REVIEW

Throughout 2013, Fellowship House provided high quality services to 1,135 adult men and women diagnosed with mental illness and those with co-occurring disorders. Our comprehensive continuum of programs include:

- Psycho– Social Rehabilitation (PSR) provides members with supportive opportunities to enhance social, interpersonal, vocational and basic living skills with the goal of achieving maximum community integration.
- Club Fellowship is based in Clubhouse International’s standards for Clubhouse Programs. The clubhouse model is a well–tested evidence-based recovery model that has been international proven to be highly effective.
- Case Management provides coordination of necessary services as indicated on the members’ individualized service plan. Linkage is provided to services such as health care, psychiatric services and vocational /educational training.
- Outpatient services assists on obtaining quality mental health treatment and therapeutic services. Services include consultation and evaluation, assessment, treatment plan review, individual, group and family therapy.
- Community Housing offers a continuum of residential settings ranging from supervised, transitional residential treatment to permanent supportive housing. Staff caters their support and services delivery to individual member need and assists with skills associated with daily living, such as self-care skills and interpersonal communication.
- Florida Assertive Community Treatment (FACT) is an evidenced based model designed to assist people to live as independently as possible in the community. The FACT team offers comprehensive services through a multidisciplinary team to individuals with severe and persistent mental illness who do not respond to traditional treatment models.

MEMBER SUCCESS STORY

Isaac G. has been attending Fellowship House for 2 years. He is an active member within Club Fellowship and also works with the Transportation Department. Isaac has been employed since February 2013. Although Isaac lives on his own, he feels that he has become more socially active since enrolling in Fellowship House. “I feel that I have gained a tremendous amount of support from not only the staff, but also my peers.” Isaac also enjoys utilizing all of his resources such as computers, counselors, and group sessions to maintain a positive outlook on his health. He also enjoys participating in social events, such as Fit Club once a week, attending movies and going bowling. When asked what advice he would give to someone looking to attend Fellowship House Isaac stated, “Club Fellowship is a great place to start. It brings you back to wellness and is very useful.”
Financial Data
2013
as per Audited Financial Statements

Funding & Revenue by Category

- U.S. Department of Housing and Urban Development: 58%
- State of Florida-South Florida Behavioral Health Network: 28%
- Medicaid: 4%
- State of Florida- Department of Elderly Affairs: 3%
- Miami-Dade County: 2%
- Residential/ Vocational Fees: 1%
- Other: 1%

Expenditures by Cost

- Assessment: 13%
- Residence: 19%
- Clubhouse: 2%
- FACT: 17%
- PSR: 18%
- Case Management: 16%
- Other Support: 3%
**Member Funding Sources**

**Fully Funded Members (80%)**

- Dual Medicaid/Medicare: 213
- Magellan: 221
- UMBH: 74
- Various HMO’s: 93

**Partially Funded Members (15%)**

- Contracts with County, State and Federal Sources: 110
- Medicaid Waiver: 2
- Self-Pay: 4

**Totally Unfunded (5%)**

- 40
If you are interested in learning more about Fellowship House, please feel free to contact the agency via:
Phone (305) 667-1036
Fax (305) 667-4938
or visit us on the World Wide Web at www.fellowshiphouse.org

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Proud Member